

Coming to Nashville!

DEEPER INTO THE ENNEAGRAM: A Path of Integration

with Terry Saracino and Renée Rosario

March 2-3, 2019



You know your Enneagram type and likely have experienced that that knowledge can only take you so far. It's a challenge to change our habitual patterns. What to do?

The Narrative Enneagram focuses on integrating three crucial aspects of personal development: the psychological, spiritual and somatic. We can work on each of these three elements separately, and there is much value in doing so. But working with these three areas together creates a synergy that greatly increases the effectiveness of personal growth work.

In this workshop, you will learn an integrated approach that will strengthen your capacity to be “present” in day-to-day life. The focus will be on combining a deeper understanding of your patterns (psychological) with awareness practices (spiritual) that enable you to meet what arises in your body (somatic) with less resistance. It is challenging but ever so important work. The results are more choice around unconscious patterns, healthier relationships and living more authentically.

The format of the workshop will include panel interviews in the Narrative Tradition, guided meditations, brief didactics, and body-centered practices. We look forward to being with you as we dive deeper into this sacred and profound system of transformation.

In leadership development work, there is nothing more powerful than in-the-moment illumination of aspects of our self that are otherwise hidden. My experience as a participant in Terry and Renée's Deeper into the Enneagram workshop was a series of epiphanies that illuminated more of my Type structure, and how I lead myself and groups in both my life and my work as University professor and certified leadership coach. Terry and Renée made it extremely easy to commit to deeper study of the Narrative Enneagram. As teachers and leaders, they both are warm, intuitive and extremely accessible. I felt safe to explore the more vulnerable parts of myself as they came to 'light.' I am buoyed about the deep developmental work that I have already started to bring to individuals and communities since (and because of) attending their workshop. Jump in and be willing to wake up!

~ KIRSTY SPENCE, PhD, PCC, Associate Professor & Department Chair, Brock University

Terry Saracino, MA, MBA. *The Enneagram landed in Terry's heart in 1989 and it's been her life's work ever since. She is currently Core Faculty and the past President of the nonprofit organization she founded in 2009, now known as The Narrative Enneagram. She recently co-authored a research article on the Enneagram and ego development published in the Journal of Adult Development.*

Renée Rosario, MA, LPC. *Renée is a Core Faculty member of The Narrative Enneagram and has been teaching for seventeen years. She is a transpersonal, body-centered psychotherapist and utilizes mindfulness practices and the Enneagram in her work.*

LOCATION

Laskey Great Hall at Scarritt Bennett
1027 18th Ave S., Nashville, TN 37212

SCHEDULE

Sat Mar 2: check-in 9 am; workshop 9:30 am - 5 pm
Sun Mar 3: workshop 9:30 am - 5 pm

FEES

*Early-bird special: \$275 until January 26, 2019
After January 26: \$315*

INFORMATION AND REGISTRATION

Info: Evan Barbee at evan@evanbarbee.com
Register: www.evanbarbee.com/events